



'whats on' January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NEW YEARS EVE</p> 	<p>1</p> <p>NEW YEARS DAY</p> 	<p>2</p> <p>Thomas House: Chair based exercises 1.30pm-2.15pm</p> <p>Trickett House: CEO drop in and Bingo! 3pm</p>	<p>3</p> <p>Trickett House: Chair based exercises 2.45pm-3.30pm</p>	<p>4</p> <p>Cloverdale: Afternoon tea 2-4pm (Age UK £2.00)</p> <p>Norman House: Chair based exercises 1.45pm-2.30pm</p>	<p>5</p>	<p>6</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8 OBH: Digital Session 3pm	9 Thomas House: Chair based exercises 1.30pm- 2.15pm	10 Trickett House: Chair based exercises 2.45pm- 3.30pm	11 Margaret: Digital session 3pm Norman: Chair based exercises 1.45pm-2.30pm	12 Norman House: CEO drop in and Bingo! 11am	13
14	15 OBH: Digital Session 3pm	16 Thomas House: Chair based exercises 1.30pm- 2.15pm Margaret: CEO drop in and Bingo! 3pm	17 Trickett House: Chair based exercises 2.45pm- 3.30pm	18 Cloverdale: Afternoon tea 2-4pm (Age UK £2.00) Norman: Chair based exercises 1.45pm-2.30pm Margaret: Digital session 3pm	19 Thomas House: CEO drop in and Bingo!	20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21  Cloverdale Activities Week 	22 Cloverdale: Craft morning 10am Cloverdale: Afternoon tea and reminiscence session 2:30pm	23 Cloverdale: Bingo 10am Thomas House: Chair based exercises 1.30pm- 2.15pm Cloverdale: Pottery session 2pm	24 Cloverdale: Quiz morning 10am Trickett House: Chair based exercises 2.45pm- 3.30pm Cloverdale: Nina, therapy dog visit 2pm	25 Cloverdale: Chair based exercise 10:30am Norman House: Chair based exercises 1.45pm-2.30pm Cloverdale: Afternoon tea 2-4pm (Age UK £2.00)	26 Cloverdale: Creative Minds Art session 10:30am Cloverdale: Mens afternoon 3pm	27  Cloverdale Activities Week 

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28	29 OBH: Digital Session 3pm	30 Thomas House: Chair based exercises 1.30pm- 2.15pm	31 Trickett House: Chair based exercises 2.45pm- 3.30pm Griffiths Close: CEO drop in and Bingo! 3:30pm			