




# 'whats on' may 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 <b>Thomas House:</b> Chair based exercises 1.30pm-2.15pm</p> <p><b>Trickett House:</b> Wifi Café 11am</p>	<p>2 <b>Trickett House:</b> Chair based exercises 2.45pm-3.30pm</p>	<p>3 <b>Norman House:</b> Chair based exercises 1.45pm</p> <p><b>Cloverdale:</b> Therapy dog visit 2pm</p>	4	5
6	<p>7 1<sup>ST</sup> MAY BANK HOLIDAY</p> 	<p>8 <b>Thomas House:</b> Chair based exercises 1.30pm-2.15pm</p> <p><b>Dorothy Pettingell:</b> Wifi Café 11am</p>	<p>9 <b>Trickett House:</b> Chair based exercises 2.45pm-3.30pm</p> <p><b>Griffiths Close:</b> Bingo 1:30pm</p>	<p>10 <b>Norman House:</b> Chair based exercises 1.45pm-2.30pm</p>	<p>11 <b>Cloverdale:</b> Vocal Vitality - fun, energising with uplifting singalongs! 1:30pm</p>	12

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13	<p><b>14</b></p> <p><b>Trickett House:</b> National Doughnut week Afternoon tea 3:30pm</p> 	<p><b>15</b></p> <p><b>Thomas House:</b> Chair based exercises 1.30pm-2.15pm</p> <p><b>Old Brewery House:</b> Drop in session 4pm</p>	<p><b>16</b></p> <p><b>Trickett House:</b> Chair based exercises 2.45pm-3.30pm</p>	<p><b>17</b></p> <p><b>Dorothy Pettingell:</b> WEA Relaxation session 10am</p> <p><b>Norman House:</b> Chair based exercises 1.45pm-2.30pm</p> <p><b>Trickett House:</b> WEA Relaxation session 1pm</p>	18	19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21 <b>Cloverdale:</b> Digital memories afternoon tea 2pm	22 <b>Thomas House:</b> Chair based exercises 1.30pm-2.15pm  <b>Thomas House:</b> Veolia waste talk 3pm	23 <b>Trickett House:</b> Chair based exercises 2.45pm-3.30pm  <b>Griffiths Close:</b> Coffee morning/ weeding session 10am	24 <b>Norman House:</b> Chair based exercises 1.45pm- 2.30pm  <b>Cloverdale:</b> Digital memories recording afternoon 2pm	25	26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 2 <sup>ND</sup> MAY BANK HOLIDAY 	29 <b>Thomas House:</b> Chair based exercises 1.30pm-2.15pm  <b>Dorothy            Pettingell:</b> Wifi Launch Party! 12-2pm	30 <b>Trickett House:</b> Chair based exercises 2.45pm-3.30pm  <b>Norman House:</b> Wifi Launch Party 12-2pm	31 <b>Trickett            House:</b> Wifi Launch Party 12-2pm		