

Thursday 24th May

St Helier Hospital

Dementia Friends Information Session

9.45am – 10.45am Information session for health care assistants

2.15pm – 3.15pm Information session for hospital volunteers

9.00am – 12.00pm

Sutton College

St Nicholas Way, Sutton

Information Stand

Information for staff and students

Friday 25th May

St Helier Hospital

Raffle Draw

Saturday 26th May

11.00am – 12.30pm

Sutton High Street

Outside O'Neills

Irish Dancers

Information to be handed out to members of the public

Thursday 31st May

Cloverdale Court

2.00pm – 4.00pm

10-14 Stanley Park Road

Wallington SM5 0EU

Dementia Buddy Club

Special meet-up of the regular Dementia Buddy Club: afternoon tea, reminiscence therapy and games for anyone living with dementia and their carers. Cost £2 per person, no prior booking.

Contact: info@ageuksutton.org.uk, phone 020 8770 4090

www.ageuk.org.uk/sutton

alzheimers.org.uk/DAW

#DAW2018

Dementia Action Week 21–27 May



Thursday 17th May

11.30am – 1.00pm

Carshalton Beeches Baptist Church
Banstead Road, SM5 3NL**Later Life Coffee Morning**

Join us for free refreshments in a relaxed and friendly atmosphere and bring a friend or family member.

Contact: Jacky 020 8661 9960 www.lakeshorecare.co.uk**Friday 18th May**

10am – 3pm

Sutton Carers Centre
Benhill House, 12-14 Benhill Avenue
Sutton SM1 4DA**Admiral Nurse Clinic**

An opportunity for carers supporting someone living with dementia to come and get 1:1 advice and support. Please register and book an appointment (5 x 1 hour available).

Contact: enquiries@suttoncarerscentre.org 020 8296 5611**Monday 21st May**

All week

St Helier Hospital

Raffle Tickets

On sale throughout the week to raise funds for the Alzheimer's Society. Also: review hospital library resources available on dementia care to update clinical practice.

Tuesday 22nd May

All day

St Helier Hospital

**This Is Me
Shared Learning**

Hospital volunteers for COTE wards completing This Is Me plan. Professionals afternoon tea – Shared learning: CMHT, Social Services, Falls, Continence, Pharmacy, Therapies, SALT Dieticians, Matrons, Audiology, Ophthalmology

Tuesday 22nd May

10.30am - 12.00pm

Eothen Homes
31 Worcester Road, Sutton SM2 6PT**New Beginnings Café**

Come and join residents of the Eothen Home to enjoy tea, cake, activities and guest speakers. £2 to cover refreshments.

Wednesday 23rd MayBetter Sutton Sports Village
Rose Hill, Sutton SM1 3HH**Sports Activities**

FREE activities for those in the community living with or caring for people with dementia. There will also be an information stand.

10.00am – 11.00am Short Tennis

11.30am – 12.30pm Walking Football

11.00am – 1.00pm Cake Sale

1.00pm – 2.30pm Tea Dance

To reserve your space email katie.nixon@gll.org confirming name, contact details and activity.

11.00am – 3.00pm

St Helier Hospital

Education Stand

Information from Admiral Nurse, Alzheimer's Society, Sutton Carers Centre, CMHT. Cakes available!

1.00pm – 3.00pm

Sutton Carers Centre

Admiral Nurses Carers Group Session

10.00am – 12.00pm

David Weir Centre

Ecolocal Inclusive Cycling SessionContact: www.ecolocalcycling.org.uk