

August's equality, diversity & inclusion topic is the Hindu celebration known as Raksha Bandhan .



Raksha Bandhan falls on Sunday 26th August this year. It is an annual festival and falls on the full-moon day of the month of Shravana in the Hindu calendar.

Raksha Bandhan, often called Rakhi for short, is a festival observed by Hindus - and some Jains - all over the world. It is about celebrating love and duty between brothers and sisters, with the festival's full name meaning "bond of protection".

It is also used to celebrate friendships between people with a brother-sister kind of bond, but who aren't actually related.

Brothers and sisters will share gifts and take part in a short ritual celebration to mark their appreciation for one another. As part of this, sisters will tie a sacred thread, the rakhi, on their brothers' wrist to symbolise their love and best wishes. Meanwhile, the brother will give his sister a token gift and a promise to protect her.

Information from www.thesun.co.uk/news

At SHS, we have 1.2 % of residents that have told us that their religion is Hindu.