



The World's Biggest Coffee Morning is on Friday 28th September; this is Macmillan's biggest fundraising event for people facing cancer. People all over the UK host their own Coffee Mornings and donations on the day are made to Macmillan. Last year over £27 million was raised!

In the UK, almost 360,000 people are diagnosed with cancer every year. (This figure is for 2015, the latest year for which cancer incidence data are available.) Breast cancer is the most common cancer in the UK, accounting for almost a sixth (15%) of all cases in males and females combined (2015). The next most common cancers in the UK are prostate (13%), lung (13%), and bowel (12%).

The Macmillan charity was founded in 1911 by Douglas Macmillan. In 1911, Douglas Macmillan watched his father die of cancer. His father's pain and suffering moved Douglas so much, he founded the Society for the Prevention and Relief of Cancer. Douglas wanted advice and information to be provided to all people with cancer, homes for patients at low or no cost, and voluntary nurses to attend to patients in their own homes.

The first ever Coffee Morning took place in 1990 and was really low key; guests gathered over coffee and donated the cost of their cup of tea/coffee to Macmillan. It was so successful that it's become an annual and national event and has raised over £200 million for Macmillan.

Macmillan understand how cancer can affect people's whole lives – health, money, family, job; everything. And, after more than 100 years of caring they understand that the most important thing is to treat people as individuals, not patients. They take the time to understand the support people need to live their lives as fully as they can. From the moment of diagnosis Macmillan can help people find their best way through. Macmillan help is focused on each individual person.

At Sutton Housing Society, residents and staff have been affected by cancer in some way – whether personally or indirectly. Whilst we don't have the statistics on this for our residents, people often speak openly about this with individual officers; it is therefore important that we know where people can go for help. For information, support or someone to talk to, the Macmillan free call number is 0808 808 00 00 (Monday to Friday, 9am to 8pm).